

## IMPORTANT TIMES

### Service Times

- Sabbath School  
Sabbath 9:20 AM
- Worship Service  
Sabbath  
10:50 AM
- Bible Study  
Wednesday  
7:00 PM

### Sunset Times

- Apr 1: 7:41 PM
- Apr 2: 7:42 PM
- Apr 8: 7:48 PM
- Apr 9: 7:49 PM
- Apr 15: 7:54 PM
- Apr 16: 7:55 PM
- Apr 22: 8:01 PM
- Apr 23: 8:02 PM
- Apr 29: 8:08 PM
- Apr 30: 8:09 PM

[www.oakgrovesda.org](http://www.oakgrovesda.org)



# Oak Grove News

VOLUME 4, ISSUE 4

APRIL 2011

## From The Pastor's Desk by Ignacio Chaviano

April has arrived bringing with it new creations in the beautiful flowers, in the lives of the animals, and in the green color of the pasture. This time of year always brings back to my mind the words and music of a song full of meaning. I want to share it with you:

When in the Spring the flowers are blooming bright and fair  
After the grey of winter's gone  
Once again the lark begins its tuning  
Back in the meadows of my home

Lord, to my heart bring back the Spring-time  
Take away the cold and dark of sin  
Oh, refill me now sweet Holy Spirit  
May I warm and tender be again

Lord make me like that stream that flows so cool and clear  
Down from the mountains high above  
I will tell the world the wondrous story  
Of the stream that flows from Calvary

(Oh, if the refrain would become a theme for Oak Grove members during this time of year!)

Lord, to my heart bring back the Spring-time  
Take away the cold and dark of sin  
Oh, refill me now sweet Holy Spirit  
May I warm and tender be again.

It is my prayer that this season of the year be of special blessing to our church, and that we may see a revival among us which fosters a thirst for Jesus in the Oak Grove area.

## Kids Pizza Social

A social for kids of all ages was held at Teri Bradbury's house on March 19 with 22 kids and 6 adults. Several people who attended were from the Lee's Summit and Independence churches.

There was plenty of pizza to go

around, as well as several varieties of snack foods that were enjoyed by all in attendance.

In addition to all the food, the kids enjoyed a variety of games, including Hot Potato, Clue, and Twister.

The kids all had a great time, from the kindergarteners all the way up to the college kids, and several were asking when the next game night would be. What a great start to getting the kids involved in church!

## Wild Edibles by Colgene Gilbert

Curled dock (*Rumex crispus*) is both a food and medicine, used for antiseptic, astringent, leather tanning, and vitamins. In the old days it was gathered in the Spring and eaten, because it is high in Vitamin C and is richer in Vitamin A than carrots.

Dock should be pan boiled twice until tender, then sautéed in olive oil or butter with onion, garlic, salt, and pepper. Vinegar can be added to taste.

Dock is good to care for the pain caused by stinging nettle or other skin irritants. Simply crush the juicy leaves and rub on the affected area.

The tea of dock leaves or root can be used as a gargle for treating a sore throat. Depending on the strength of the tea it can also be used to treat diarrhea or even act as a laxative.

**CAUTION:** The leaves contain Oxalic acid, just as spinach does. Eaten in moderate

amounts it is healthful; however very large amounts eaten frequently can prevent the absorption of calcium by the body.

## Editor's Notes by Brian Mills

Spring is officially here now, and the weather is finally starting to match the season. It's time to till and plant the garden, mow the lawn, and watch God's beautiful creation spring back to life.

This is also the time of year when folks start filling up their calendars with picnics, kids sports games, and other outdoor social events. In all the hustle and bustle, don't

forget to take time out of each day to pray and thank God for all the blessings He's bestowed upon you and your family.

Also, don't forget that if you have anything you would like to share in the newsletter, I need it no later than the last Sabbath of the month, which for the May newsletter I'll need your articles by April 30th. You can submit articles earlier than that, which would be

much appreciated, but I need them absolutely no later than April 30th for the May newsletter.